



**Wellness Chair:** Emma Chubb

**Wellness Chair-Elect:** Molly Denman

**Club Purpose:** To provide students with a way to maximize their wellness in 5 categories: *physical, emotional, intellectual, environmental, and occupational*

**Notable Events:** Fresh Fruit Mondays, Wellness Walk Wednesdays, Yoga with Dr. Calabrese, HIIT workouts, Class Meditations, Hikes, Gratitude Wall, Celebration of Life

